

This Code of Ethics governs the actions, practices and conduct of Cuddlists in order to ensure comprehensive and quality services to clients and the community.

#### Role of the Cuddlist:

1. The Cuddlist understands that her/his relationship with the client is a professional one defined by the exchange of money for time and services. Any time spent with a client outside of this exchange is done in clear recognition of redefining this boundary as a personal relationship and is done with conscious awareness taking full responsibility for any consequences intended or otherwise.

**Recommended: If a personal relationship develops, sever the professional one in a conscious therapeutic way and put interaction on probation for a 3 month period before resuming contact.**

2. The Cuddlist shall understand her/his boundaries and limitations as it applies to skill and knowledge and fully acknowledge this to the client.

3. The Cuddlist shall understand the role transference plays in the Cuddlist/client relationship and understands that feelings of attraction and love are part of the therapeutic process.

4. The Cuddlist is responsible for teaching and implementing consent practices at all times.

5. The Cuddlist is responsible for maintaining her/his professionalism by seeing continuing education, by seeking personal therapy if appropriate and receiving second opinions from a certified peer/mentor.

6. The Cuddlist shall respond promptly and constructively to concerns and criticisms.

#### Respect:

1. The needs of the client come first
2. Provide clear, comprehensive information to enable the client to make the best choices.

#### Confidentiality:

1. Honor and respect the confidentiality of the client.
2. Any notes or reference material the Cuddlist may have regarding a client shall be kept in a secured file cabinet or other locking device and/or secure online folders.